

Wake NZ Newsletter

Welcome everyone to the first Wake Newsletter

Wake NZ welcomes in a new committee for the 24/25 season. We would like to take this opportunity to thank all past Wake NZ committee members, and in particular Gayleen Pratt and Keri Ring for the enormous amount of energy, effort, dedication and time they have put into Wake NZ over the past few years. There is a massive amount of time that goes in behind the scenes liaising, communicating, researching, organising, delegating, and not to mention the enormous amount of paperwork that goes into both these positions on the committee, so we sincerely thank both Keri and Gayleen, for all the time that they have put in to grow and support wakeboarding over this time, it has been very much appreciated by everyone in the Wakeboarding community.



New Wake NZ Committee members

We welcome in a new president with JD Dawson taking over from Keri Ring. JD's phone number is 027 495 1904 and if you would like to get in touch with him over any concerns, thoughts, sponsorship or great ideas for wakeboarding moving forward he would love to hear from you so please feel free to reach out.

We have a new role in Wake NZ with the appointment of Duncan Steans as Vice president. Duncan is there to support JD as president, and has been on the committee for the past year so knows a bit about what is happening, and how things work so will be of great support to JD. Duncan is also the person responsible for organizing the funding for our full time first aid officer that has been at all the competitions last season, so there is a big thank you also going out to Duncan. If you would like to contact Duncan his phone number is 027 422 4483 so please feel free to give him a call if you have any questions.

Bryan Simpson has been appointed Treasurer which makes everyone extremely happy! Bryan is an accountant in his full time job and owns Boutique Financial in Auckland with his lovely wife Wendy, so it is fantastic to have someone so knowledgeable and experienced in this position. Bryans phone number is 09 523 1844

Lorraine Gold takes over from Gayleen as secretary. We know this is a time consuming position so we all offer our full support to Lorraine, and will try to keep Nic busy so he doesn't bother her too much. :) Lorraine's phone number is 027 285 0105

Your other committee members are:

Heath Holley: 0274 955 830

Nic Gold: Phone 021 876 535

Kate Cooke: Phone 027 457 5644

Toby Muir: Phone 027 808 8007

Carla Blockley: Phone 021 378 825

Corey Ford: Phone 027 533 0016

Tom Buckley: Phone 021 058 4916



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Important Dates

- 16/11 Wake UP comp
- 25/01 South Island Champs
- 15-16/02 Back Paddocks
- 01/03 Junior wake Fest
- 15-16/03 North Island Champs
- 03-05/04 Nationals





A Word from our sponsor

Nautique used the S23 for the North Island national comp this year and it was unanimous that everyone loved the wake.

Nautique have a great range of boats at the moment and have the S21 in stock now.

THE S21 IS A WAKEBOARD & SURF MACHINE!!!!!! With full underfloor ballast, the S21 provides copious amounts of storage for all your watersports equipment without any ballast bags in storage compartments! This S21 comes optioned with the following:

- 2" LINC Panoray w/ Helm Control
- Zero Off Speed Control
- Nautique Surf System
- NCRS w/ Hydro Plate
- Telescoping Tower Package w/ Dual Tower Speaker Housing incl x4 800 Series Speakers, Strapless Board Racks, Bimini w/ Surf Pockets & Premium Swivel Mirror
- Surf Pipe Exhaust
- 1Upgraded M3 Series Stereo w/ x6 in boat Speakers, M3 Amp & Subwoofer
- Awareness Camera
- Ballast Package 1202 KG
- Hydraulic Disc Brakes
- Park Brakes
- 18" Wheels
- Transom Steps
- Bow Ladder
- To find out more info Phone Mike on 021 259 5399

New Competition announced

To kick off the wakeboard season, we have an epic new competition announcement.

The competition will be a friendly and fun way to kick off the season. A way to catch up with everyone that you haven't seen all winter, and motivate you to train hard over the summer once you see where your competition sits.

There will not be medals, but we will have a few fun prizes and certificates for all the winners on the day. The divisions will remain the same as all the other competitions with a few new divisions added in for a bit of fun on the day, so get your friends and family together and start training for November.

More details to follow closer to the time.

South Island Championships

Wooooo hoooo! We are heading back to Lake Kaniere for the South Island champs. For those of you who haven't been before, this is a fantastic comp at the picturesque and very scenic Lake Kaniere, just outside Hokitika. We love this comp as it is a great way to get away with a group of family or friends, have a small holiday down South, get to enjoy all the stunning scenery, while also competing in a relaxed comp with a fun vibe and some great Southern hospitality.

Hokitika has some great, reasonably priced accommodation options, fantastic cafes and restaurants and you get to build your own bonfire and roast marshmallows right on the beach at night.

If you haven't been before this is a great time to start saving and book your accommodation and flights or ferry now. South Island champs are being held on the 25th January which is Auckland Anniversary Weekend so it gives you an extra day away if you live in the top half of New Zealand.

The Oceania's are coming to New Zealand.

For the first time in years, New Zealand gets to play host to the Oceania Competition. We are expecting some fierce competition from the Australians (and maybe from the south pacific islands as well).

This one day comp will be held at Hora Hora domain at Piaere on the 31st March 2025.

Please come along to support all our New Zealand riders and show our Auzy counterparts some great Kiwi Hospitality.

The divisions for the competition will be announced in the coming months.





Wake NZ IWWF Team selection 2024

Wake NZ is pleased to announce and congratulate the 20 strong team on athletes selected in the Wake NZ Team to compete at the as yet unannounced World Championships later this year.

When selecting the team, selectors considered the following:

Athletes must have been a Wake NZ member for the current season and have shown a dedication to Wakeboarding – training and competing.

Athletes at or near to the top of their ranked results in Nationals and our other comps within the current season.

Athletes be named based on the divisions they competed in Nationally and the divisions they are eligible to enter at Worlds.

Age eligibility for divisional entry for this event is determined by the age an athlete was as of 31st December 2024.

Due to the lack of details around the proposed event this year the selectors based the divisions on the last World Champs event in 2022 – selecting athletes, both male and female, in divisions U9, U12, U18, Opens, O30 and O40's.

The team selected is as follows:

Nick Beale
Fletcher Broadbent
Gavin Broadbent
Harley Broadbent
Jared Dawson
Tony Evans
Nikau Ford
Paul Maguire
Toby Muir
Bryan Simpson
Carter Steans
Logan Steans

Carla Blockley
Charlotte Broadbent
Morgan Haakma
Heath Holly
Andrea Lilley
Landyn MacDonald
Annabel Stevenson
Milli van Straalen

Unfortunately, due to season ending injuries not considered for selection were Phoebe Buckley, Anthony East and Darren Bishop.

We will confirm closer to the event the athletes from the team selected that have confirmed to travel and compete at the event.

Again, congratulations to the riders chosen – enjoy the winters training!

Quote of the day:

The body achieves what the mind believes





Morgan's Motivation

IT'S ALL ABOUT THE FUN!

When you are having the most fun, you are going to learn the most!

Slow the boat down, give things a go and keep your smile on!

Words of wisdom from Morgan Haakma.

If you are looking for a great coach then please visit

www.shreddynz.com or call Morgan on 027 206 2695

Wake NZ
Po Box 28794
Remuera
Auckland 1541
e-mail: info@wakenz.co.nz

WWA Competition - Gold Coast Australia

Early bird entries are now open for anyone looking to enter the WWA (World Wakeboarding Association) competition in Australia in September. You do not need to be selected to go to this competition. They offer a pro and an amateur division, so is open to anyone who wants to enter.

You can find out all the details such as the location, times and days by going to:

<https://www.thewwa.com/event/nautique-wwa-wakeboard-world-championships-presented-by-gm-marine/>

Please note if you are thinking of entering you MUST buy an annual membership - do not buy a one event membership as this will not allow you to enter the Worlds. Once you buy an annual membership, then you can enter.

There is a large contingent going over, so once you have decided to enter can you please let Lorraine know so we can add you to the group chat. We will need to organise uniforms, accommodation, transport etc. so you will have the option to stay with the group, or do your own thing while you are there.

You do NOT need to be an athlete to go over. If you just want to come along as a supporter that would be amazing as well and we would love to have you join in on the antics while we are there.

We celebrate Mike Blockley, Carla Steans, Gavin Broadbent and Todd McLoughlins birthdays while we are there so that in itself will be reason enough to attend 😊

We see some of you have already started fundraising with little Harper Brownlee already in full swing raising quite a bit of money with a fantastic idea. If you want to support Harper then check out Nat Brownlee's Facebook page for ways you can do that.

If you are doing any fund raising of your own please let Lorraine know so we can advertise it out to everyone.

Rider of the Month

This month we took the time to find out about our new president, the one and only JD Dawson.

JD had a stellar 2023/24 season with some great placings;

Cable vs wake 2024 - 2nd each division open men's and 1st overall
North Island's champs 2024 - 1st open men's
National champs 2024 3rd opens men's

JD is a qualified boat builder and has been in the trade for over 20 years . He has been wakeboarding now for a little over 20 years with a 10 year break in the middle while he was off travelling the world. JD first competed in the Summer of 2003/2004 , he then took a break and came back to it again in early 2018.

Where possible, JD will train every weekend, and one day during the week in the summer if he can, JD will switch it up with tramp training in the winter mid week to help with ariel awareness and getting the feel for new tricks.

Most of JD's basic tricks are self taught, and he has been able to progress further over the last 3 years since they bought their G23, with a lot of help from the G Team - Bryan, Ants and Phebe's . JD's most coveted trick is a 313 - He has been dreaming about doing a 313 since he was a teenager and loves to hit big tricks into the flats.

JD's Fav food is low and slow cooked beef ribs and his favourite colour would be a bright rich blue. JD's Favourite rider is the one and only Rusty Malinoski.



WAIPA
HOME OF CHAMPIONS



Tips from Coach

Hello Wake NZ,

I hope this news letter finds you all happy and healthy.

With the 2024 Wakeboard Worlds in Australia this September I have been asked to share my thoughts on Wakeboard competition preparation.

Living in Orlando for the last 30 years I have witnessed the competition judging criteria change from Raley tricks into "Spin to Win" and now into the double flip/mobe 720 era...not forgetting the reemergence of wrapt tricks in competition riding.

Let's start simply by writing down your most consistent Wakeboard tricks. Then pic your favorite 10..... the ones you really enjoy doing.

Keep in mind, the judges will be looking for

1. Technicality
2. Intensity
3. Composition
4. Grabs

Now that you have picked your top 10, let's start with a dryland exercise. Simply tie off your rope to something, grab the handle and imagine your cruising down the lake. Go through your run one trick at a time and think about the edge you'll need to use, the handle position and the line tension that each trick will require. Think of doing each trick as if it was in slow motion. This will strengthen the muscle memory for each trick. If you have access to a trampoline even better!

Next step, lets water test the run!

Imagine you have a 30 minute window where you will be at maximum power.

5 minutes for the warm-up

15 minutes spent working on your run, one trick at a time. If you fall on one particular trick more than 2 times move on to the next trick.

The last 10 minutes should be spent working on the tricks that were giving you trouble or polishing your grabs.

It's easy to overtrain and get tired ending up injured so when things start to get sloppy take a breather. In a perfect scenario, you would bang out your entire run 2 times in a row.

Time Management

If you are competing this September at the WWA Wakeboard Worlds you have just under 118 days (4 months) to get ready. That gives you 16 weekends if you're lucky in the middle of the New Zealand winter..... at least the lakes won't be busy. On those days when you can't make it to the lake, land drills and trampoline will be your second best options for training.

Overview

Last couple of tips

1. Luck favors the prepared. Stick to your plan/run. Repetition! Do not shy away from training in bumpy conditions...we all know how often competition conditions can be far from ideal.

2. Consistency is key.

You don't have to have the craziest competition run to win. A simple well balanced run that you stand up can win the day.

3. Work as a team.

You might be at the end of a 75 foot line, but it's attached to a driver and boat crew. A pumped, positive attitude fires

Please feel free to reach out to me on my Instagram account @fletcherotown with any questions about getting ready to do battle this coming September.

Go Kiwis!

All the best,

Coach Fletcher

